

A prayer for troubled hearts

*Lord Jesus Christ,
you are the gentle moon and the joyful stars,
that watch over the darkest night.
You are the source of all rest,
calming troubled hearts
and bringing sleep to the weary.
You are the sweetness that fills our mind with
quiet joy,
and can turn us to dream of heaven.*

*May I dream of your sweetness,
follow your kindly light
and be led to the fullness of your love
in the family of your Church.*

Desiderius Erasmus of Rotterdam (1466–1536).

Adapted by Fr James Leachman.



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